

# Taekwon-do Equipment/Clothing Order form

Date:

Name:

	price	quantity	cost
<b>Doboks Size</b>	£48		
height cm - size			
110 - 000			
120 - 00			
130 - 0			
140 - 1			
150 - 2			
160 - 3			
170 - 4			
180 - 5			
190 - 6			
200 - 7			
<b>Sparring set:</b>	tick size £92	underline colour >	red / blue / black
<b>Gloves Size</b>			
Hand Circumference			
15.5cm - 17.5cm X-Small			
17.6cm - 19.5cm Small			
19.6cm - 21.5cm Medium			
21.6cm - 22.5cm Large			
22.6cm - 23.5cm X-Large			
<b>Shin guards Size</b>		underline colour >	red / blue / black
Shin Length	XX-Small 24cm		
	X-Small 27cm		
	Small 29cm		
	Medium 32cm		
	Large 35cm+		
<b>Foot pads UK Size</b>		underline colour >	red / blue / black
X-Small 2 - 3.5			
Small 4 - 5.5			
Medium 6 - 7.5			
Large 8 - 9.5			
X-Large 10 - 11.5			
<b>Helmet Size Width</b>	£30	underline colour >	red / blue / black
XX-Small 50cm - 51.9cm			
X-Small 52cm - 53.9cm			
Small 54cm - 55.9cm			
Medium 56cm - 58cm			
Large 58cm+			
<b>Groin Guard Size</b>	£10		
Hip Circumference	X-Small 24" - 26"		
	Junior 27" - 30"		
	Senior 31" - 36"		
<b>Total</b>			

## ICENI TAEKWON-DO/GTUK/ITF EMBROIDERED DOBOKS

**Dobok Ordering:** We normally put in an order for doboks once we have 2 or more to order.

Individual orders can be placed but an **extra charge may be made to cover postage.**

Possible colours: **red / blue / black** based on suppliers stock

To determine the correct size gloves, measure the circumference around your hand, as depicted in the diagram.



To determine the correct size shin guard, measure the distance from the bottom of the knee to the top of the ankle as depicted in the diagram.



To determine the correct size head guard, measure the distance around the whole of the head at the widest point (just above the ears) as depicted in the diagram.

